

## **Packing list for Treks**

- Short and long sleeved shirts
- Pullover or fleece
- Cotton socks
- Hiking shoes
- Sandals (or light shoes to change, optional)
- Rain gear (jacket or poncho)
- Long pants
- Flashlight (with spare bulb & batteries)
- Hat (or handkerchief)
- Sunscreen & sun glasses
- Mosquito repellent
- Bathing suit (optional, for hot springs)
- Camera, memory cards, spare batteries
- Water bottle (min. 1,5 litre)
- Water purifying tablets (e.g. Micropur, optional)
- Sleeping bag (can be rented)
- Plastic bags for clothes, camera etc.
- Personal things (soap, toilet paper, small towel)
- Hiking poles (optional, can be rented)
- Day pack (if you have rented an extra horse)
- Passport copy/ *for Machu Picchu*: original passport!
- Some money in Soles (for meals in Aguas Calientes and tips)