

Packing list for Manu Tours

Mosquito repellent (with DEET is more effective)
Long-sleeved shirts (cotton or breathable fabric, not too thin)
T-Shirts
Long pants
Cotton socks (long enough to put them over your pants)
Hiking shoes (best ankle high)
Rain gear (rain poncho is good)
Sweater (for Andes and cloud forest)
Hat (or handkerchief)
Sun screen & sun glasses
Flashlight (with spare bulb and batteries)
Bathing suit (optional)
Sandals or light shoes to change/ for bathroom (optional)
Binoculars (important! can be rented at our office)
Camera, extra batteries & camera charger
Plastic bags for clothes and camera etc.
Personal things (soap, toilet paper, small towel etc.)
Water bottle (min. 1,5 litres)
Day pack
Rubber boots (provided by ATP)
Passport or passport copy
for Park tour: yellow fever vaccination
Some money in Soles for soft drinks, handicrafts and tips
Luggage limit: 12 kg per person